

MEGA swim 26: Session: 1: COACH evaluation sheet for TEAM: AST

Coachinfo: Warming up from: 08:00 untill 08:45. Teamleadmeeting @ 08:45 The listed starttimes are indicative!

Coaches: Bahn Müller Michael

Coaches: Bahn Müller Jana HEADCOACH

PB => Personal Best time

SB => Seasons Best time: Season starting point: first of September.

Event number: 1: 100M FREESTYLE MIXED 10-9			Heat:1, starttime: 09:00
Heat: 1/4 Lane : 4 Athlete: KOLICHEVA PAOLINE			Q-time: 99:99:99
PB (50m pool): no time			PB (25m pool): no time SB: no time
	5 0 M	1 0 0 M	
PB	no time	no time	
	no time		
			

Coach feedback:

Event number: 1: 100M FREESTYLE MIXED 10-9			Heat:3, starttime: 09:05
Heat: 3/4 Lane : 0 Athlete: SICLITARU ALEXANDER			Q-time: 99:99:99
PB (50m pool): no time			PB (25m pool): no time SB: no time
	5 0 M	1 0 0 M	
PB	no time	no time	
	no time		
			

Coach feedback:

Event number: 3: 100M BUTTERFLY MEN 11-16			Heat:11, starttime: 10:15
Heat: 11/11 Lane : 9 Athlete: WACHTELAER CELLE			Q-time: 01:05:75
PB (50m pool): 01:05.75 Antwerpen 20/07/2025			PB (25m pool): 01:03.31 SB: no time
	5 0 M	1 0 0 M	
PB	00:32.20	01:05.75	
	00:32.20	00:33.55	
			

Coach feedback:

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Event number: 4: 100M BREASTSTROKE WOMEN 11-16			Heat:4, starttime: 10:25
Heat: 4/18 Lane : 3 Athlete: DE DONDER FLORE			Q-time: 01:53:74
PB (50m pool): 01:53.74 Lago Gent Rozebroeken 04/05/2025 PB (25m pool): 01:53.16 SB: no time			
	5 0 M	1 0 0 M	
PB	00:55.01	01:53.74	
	00:55.01	00:58.73	
			

Coach feedback:

Event number: 4: 100M BREASTSTROKE WOMEN 11-16			Heat:11, starttime: 10:40
Heat: 11/18 Lane : 6 Athlete: MEGANCK LIO			Q-time: 01:36:08
PB (50m pool): 01:36.08 Antwerpen 13/07/2025 PB (25m pool): 01:32.34 SB: no time			
	5 0 M	1 0 0 M	
PB	00:45.47	01:36.08	
	00:45.47	00:50.61	
			

Coach feedback:

Event number: 4: 100M BREASTSTROKE WOMEN 11-16			Heat:12, starttime: 10:40
Heat: 12/18 Lane : 8 Athlete: MAES NOOR			Q-time: 01:34:37
PB (50m pool): 01:34.37 MOUSCRON 29/05/2025 PB (25m pool): 01:31.91 SB: no time			
	5 0 M	1 0 0 M	
PB	00:45.02	01:34.37	
	00:45.02	00:49.35	
			

Coach feedback:

Event number: 4: 100M BREASTSTROKE WOMEN 11-16			Heat:13, starttime: 10:40
Heat: 13/18 Lane : 1 Athlete: KOLICHEVA KATALEYA			Q-time: 01:32:90
PB (50m pool): 01:32.90 Antwerpen 20/07/2025 PB (25m pool): 01:29.88 SB: no time			
	5 0 M	1 0 0 M	
PB	00:45.30	01:32.90	
	00:45.30	00:47.60	
			

Coach feedback:

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Event number: 4: 100M BREASTSTROKE WOMEN 11-16			Heat:13, starttime: 10:40
Heat: 13/18 Lane : 3 Athlete: WACHTELAER CHARLOT			Q-time: 01:32:40
PB (50m pool): 01:31.86 Gent (Rozebroeken) 03/03/2024 PB (25m pool): 01:26.05 SB: no time			
	5 0 M	1 0 0 M	
PB	no time	01:31.86	
	no time		
			

Coach feedback:

Event number: 4: 100M BREASTSTROKE WOMEN 11-16			Heat:14, starttime: 10:45
Heat: 14/18 Lane : 1 Athlete: GUISET JELLE			Q-time: 01:31:30
PB (50m pool): 01:30.69 Lago Gent Rozebroeken 05/05/2024 PB (25m pool): 01:24.99 SB: no time			
	5 0 M	1 0 0 M	
PB	no time	01:30.69	
	no time		
			

Coach feedback:

Event number: 5: 100M FREESTYLE MEN 11-16			Heat:4, starttime: 11:00
Heat: 4/19 Lane : 8 Athlete: KEYMEULEN ALBERT			Q-time: 01:31:23
PB (50m pool): 01:31.23 Lago Gent Rozebroeken 04/05/2025 PB (25m pool): 01:21.21 SB: no time			
	5 0 M	1 0 0 M	
PB	00:43.37	01:31.23	
	00:43.37	00:47.86	
			

Coach feedback:

Event number: 5: 100M FREESTYLE MEN 11-16			Heat:7, starttime: 11:05
Heat: 7/19 Lane : 9 Athlete: SORGELOOS VINCENT			Q-time: 01:18:64
PB (50m pool): 01:18.64 Antwerp 26/01/2025 PB (25m pool): 01:15.66 SB: no time			
	5 0 M	1 0 0 M	
PB	00:38.30	01:18.64	
	00:38.30	00:40.34	
			

Coach feedback:

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Event number: 6: 100M BACKSTROKE WOMEN 11-16			Heat:2, starttime: 11:30
Heat: 2/21 Lane : 0 Athlete: DE DONDER FLORE			Q-time: 99:99:99
PB (50m pool): no time			PB (25m pool): 01:41.30 SB: no time
	5 0 M	1 0 0 M	
PB	no time	no time	
	no time		
			

Coach feedback:

Event number: 6: 100M BACKSTROKE WOMEN 11-16			Heat:8, starttime: 11:45
Heat: 8/21 Lane : 3 Athlete: MEGANCK LIO			Q-time: 01:29:93
PB (50m pool): 01:29.93 Antwerpen 13/07/2025			PB (25m pool): 01:37.48 SB: no time
	5 0 M	1 0 0 M	
PB	00:44.28	01:29.93	
	00:44.28	00:45.65	
			

Coach feedback:

Event number: 6: 100M BACKSTROKE WOMEN 11-16			Heat:11, starttime: 11:50
Heat: 11/21 Lane : 8 Athlete: KOLICHEVA KATALEYA			Q-time: 01:26:90
PB (50m pool): 01:26.90 Antwerpen 20/07/2025			PB (25m pool): 01:20.74 SB: no time
	5 0 M	1 0 0 M	
PB	no time	01:26.90	
	no time		
			

Coach feedback:

Event number: 6: 100M BACKSTROKE WOMEN 11-16			Heat:16, starttime: 12:00
Heat: 16/21 Lane : 2 Athlete: BOTERBERGH LIEKE			Q-time: 01:19:10
PB (50m pool): 01:19.10 Antwerpen 13/07/2025			PB (25m pool): 01:18.71 SB: no time
	5 0 M	1 0 0 M	
PB	00:39.71	01:19.10	
	00:39.71	00:39.39	
			

Coach feedback:

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Event number: 6: 100M BACKSTROKE WOMEN 11-16				Heat:16, starttime: 12:00	
Heat: 16/21 Lane : 8 Athlete: MAES HANNE				Q-time: 01:19:76	
PB (50m pool): 01:19.76 Aalst 20/12/2025				PB (25m pool): 01:17.13 SB: 01:19.76 Aalst 20/12/2025	
	5 0 M	1 0 0 M			
PB	00:40.15	01:19.76			
	00:40.15	00:39.61			
					

Coach feedback:

Event number: 7: 100M BACKSTROKE MIXED 10-9				Heat:2, starttime: 12:15	
Heat: 2/4 Lane : 3 Athlete: KOLICHEVA PAOLINE				Q-time: 99:99:99	
PB (50m pool): no time				PB (25m pool): no time SB: no time	
	5 0 M	1 0 0 M			
PB	no time	no time			
	no time				
					

Coach feedback:

Event number: 7: 100M BACKSTROKE MIXED 10-9				Heat:3, starttime: 12:20	
Heat: 3/4 Lane : 0 Athlete: SICLITARU ALEXANDER				Q-time: 99:99:99	
PB (50m pool): no time				PB (25m pool): no time SB: no time	
	5 0 M	1 0 0 M			
PB	no time	no time			
	no time				
					

Coach feedback:

Event number: 8: 200M MEDLEY MEN 11-14					Heat:5, starttime: 12:40	
Heat: 5/11 Lane : 8 Athlete: KEYMEULEN ALBERT					Q-time: 03:19:99	
PB (50m pool): 03:19.99 Aalst 20/12/2025					PB (25m pool): 03:25.56 SB: 03:19.99 Aalst 20/12/2025	
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M		
PB	00:42.46	01:30.88	02:33.61	03:19.99		
	00:42.46	00:48.42	01:02.73	00:46.38		
						

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Event number: 8: 200M MEDLEY MEN 11-14					Heat:11, starttime: 13:00
Heat: 11/11 Lane : 5 Athlete: WACHTELAER CELLE					Q-time: 02:26:88
PB (50m pool): 02:26.88 Antwerpen 20/07/2025					PB (25m pool): 02:22.06 SB: no time
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	00:32.37	01:11.01	01:54.46	02:26.88	
	00:32.37	00:38.64	00:43.45	00:32.42	
					

Coach feedback: